



SIGNS | PPE | FIRE | TRAFFIC
FIRST AID | SITE FACILITIES
HAZARD CONTROL | TAPES
WORKWEAR | OFFICE
[Visit safetybox.co.uk](http://www.safetybox.co.uk)

FREE DELIVERY ON ALL ITEMS

Cherwell Fire Safety Limited
Suite7-Unit7 Jugglers Close
The IO Centre
Banbury
OX16 3TA
Tel: 0800 998 7958
www.cherwellfiresafety.co.uk
www.safetybox.co.uk



First Aid at Work Re-Qualification Course

Duration: 2 day's
Location: You're Premises
Introduction: Health and safety brief
Course nominal

Day One

09.00 Introduction and administration
09.15 Duties of a first aider
09.30 Dealing with an unconscious casualty:-
Primary survey
Secondary survey
Recovery position
10.30 Break
10.45 Basic Life Support and Choking
11.30 Practical to include:-
Primary survey
Secondary survey
Recovery position
Basic Life Support
Choking
12.30 Lunch
13.00 The causes of unconsciousness (FISH SHAPED)
14.30 Break
14.45 Wounds and bleeding
15.30 Shock to include:-
Low Volume
Anaphylactic
16.00 Practical revision to include:-
Primary survey
Secondary survey
Recovery position
Basic Life Support
Choking
17.00 Close-question and answer, brief and issue homework

Continued tomorrow...





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...Day Two

- 09.30 Extremity injuries to include:-
Fractures
Dislocations
Sprains and strains
Spinal trauma
- 10.30 Burns and scalds
- 11.00 Break
- 11.15 Eye injuries
- 11.30 After accident action to include:-
Recording
Reporting
First aid kits
- 12.00 Cross infection
- 12.15 Lunch
- 12.45 Practical revision to include:-
Primary survey
Secondary survey
Recovery position
Basic Life Support
Choking
Dressings
- 13.30 Practical assessments
1) BLS
2) Bleeding
3) Unconscious casualty
- 16.30 Course review and critique
- 16.45 End of course

Sessions are given by Power Point Presentation, Video and Practical
The course is HSE Approved and includes course registration and certification for 3 year's
Includes day rates for 2 independent course assessors in accordance with HSE regulations

Cost £995.00+VAT (price per course, not per person) Max 12 delegates
Contact us for our latest availability and book yours info@cherwellfiresafety.co.uk

